

Gemima Fitzgerald



Dr Gemima Fitzgerald is a Clinical Psychologist who has extensive experience working in hospices with patients and family members who want psychological support. She has also managed Hospice Bereavement Services and is passionate about helping people who have experienced significant losses. Gemima acknowledges her own vulnerabilities and mistakes and views these as precious learning experiences. She is passionate about helping people overcome personal struggles and remove stigma from lives that are challenging. Her particular expertise is in the area of loss, in whatever form it comes, be it through bereavement, divorce, abuse, loss of health, status or hope. Her aim is to help people develop a sense of meaning in their personal story and resilience for their journey through life, with self-compassion and acceptance. Gemima's doctoral research focussed on how resilience is developed after experiences of adversity and this remains a strong interest for her.