Morning Prayer

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

###### Opening sentences

One thing I have asked of the Lord, this is what I seek:

that I may dwell in the house of the Lord all the days of my life;

to behold the beauty of the Lord and to seek Him in His temple.

Call: Who is it that you seek?

##### Response: We seek the Lord our God.

Call: Do you seek Him with all your heart?

##### Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your soul?

##### Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your mind?

##### Response: Amen. Lord, have mercy.

Call: Do you seek Him with all your strength?

##### Response: Amen. Christ, have mercy.

###### Declaratio**n** of faith

##### To whom shall we go? You have the words of eternal life,

##### and we have believed and have come to know

##### that You are the Holy One of God.

###### Meditation:

My Lord God, I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.

Nor do I really know myself,
and the fact that I think that I am following Your will
does not mean that I am actually doing so.
But I believe that the desire to please You
does in fact please You.
And I hope that I have that desire in all that I am doing.

And I know that if I do this,
You will lead me by the right road
although I may know nothing about it.

Therefore will I trust You always,
though I may seem to be lost
and in the shadow of death,
I will not fear, for You are ever with me,
and will never leave me
to face my perils alone. Thomas Merton

###### Time for Reflection and Prayers

###### Canticle

##### Christ, as a light illumine and guide me.

##### Christ, as a shield overshadow me.

##### Christ under me; Christ over me;

##### Christ beside me on my left and my right.

##### This day be within and without me,

##### lowly and meek, yet all-powerful.

##### Be in the heart of each to whom I speak;

##### in the mouth of each who speaks unto me.

##### This day be within and without me,

##### lowly and meek, yet all-powerful.

##### Christ as a light; Christ as a shield;

##### Christ beside me on my left and my right.

###### Final Reflection:

Our walk with God is never a lonely walk.
It is a family occasion, if taken in the company of God's children.
If we lag behind, there are those who will turn and offer words of encouragement, hold out a hand and offer assistance over stiles and other obstacles, share refreshment, help us from our knees when we stumble.

Our walk with God is never a lonely walk.
It is a joyful experience, as along the path others join us,
attracted by the company of God's children,
singing the same songs of praise that angels sing,
following a path worn down by tears and joy, and sacrifice.

Our walk with God is never a lonely walk, for he walks with us,
on a track that leads to a glorious destination.

###### Blessing

The peace of the Lord Christ go with us,

wherever He may send us.

May He guide us through the wilderness,

protect us through the storm.

May He bring us home rejoicing

at the wonders He has shown us.

May He bring us home rejoicing

once again into our doors.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen