



hope
in a crisis



*Maybe you thought it would never
happen to you...*

And here we are, and it has.
Your hopes and dreams, gone before your
very eyes.
Tears flowing ceaselessly.
You don't know what to think, words don't
come either.
Sadness, emptiness or hopelessness might be
the feelings that crowd you.
Time stands still.

Many people turn to their faith in times of distress.
Faith in God encourages us to see God as our place of refuge and hope.

God is our refuge and strength, an ever-present help in trouble

PSALM 46 V 1



Maybe up until now faith hasn't really been important in your life.
You have many unanswered questions and struggle to try to make sense of life, of death, of now.
Jesus said...

Come to me all you who are weary and burdened and I will give you rest.

MATTHEW 11 V 28

Maybe as you think about God you feel angry, hurt, abandoned or lost.

Questions like

“How can a loving God allow me to suffer this heartbreak?”

“If God’s really there why can’t I feel Him?”

“I don’t actually want to think about God, it is just too painful”



You know it’s actually very understandable to feel this way.

In fact it is quite normal.

The world as you know it has been swallowed up in this crisis.

Nothing could have prepared you or anyone else for this tragedy.

We don't want you to feel alone

Isolation has impacted us so much in these days. In hospital, Chaplains are available to come alongside and support you through this time.

Please ask your questions, nothing is too trivial to ask us.

We want to help you. We are experienced in pastoral care and will listen to your needs and those of your family. We can also signpost you to other sources of help.



A prayer of HOPE

God

Sometimes this world is hard to understand
Our hearts break.

So we come to you today asking for the
strength we need;

Strength that holds our hearts up, in the
moments when life brings us to our knees.

You are the only one who can sustain us
Give us courage, surround us with your hope
and comfort.

In Jesus' name we pray.

Amen

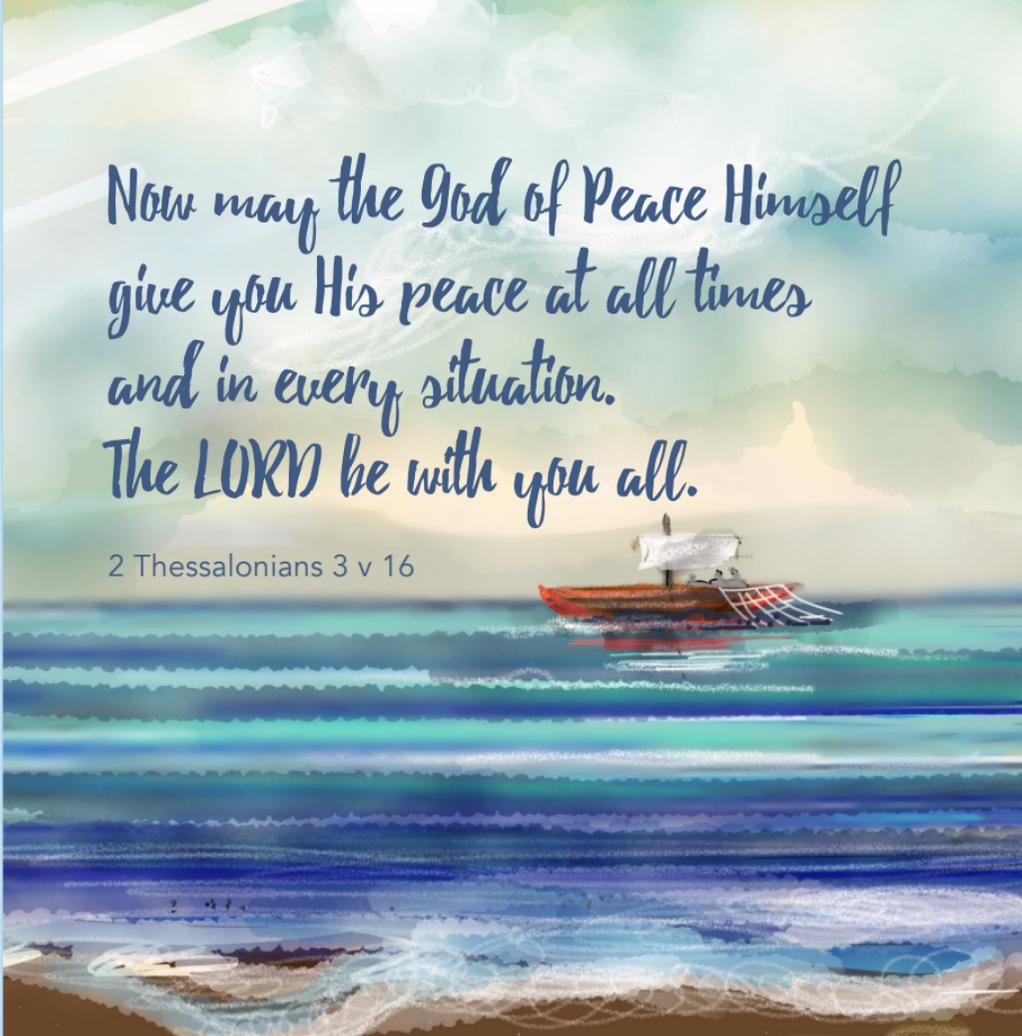
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We want to support you at this time.

You and your family are not only important to us but known to and loved by God.

For additional support please contact the Chaplains
ni-chaplains.online or
**facebook - ni-chaplains-for patients, staff
and families** or
Vivienne Manley email: viv@manleys.co.uk

Contact us:



*Now may the God of Peace Himself
give you His peace at all times
and in every situation.
The LORD be with you all.*

2 Thessalonians 3 v 16

Hope in a crisis

This booklet is dedicated to families, friends and carers who find themselves in crisis situations. Those who tirelessly give of themselves and deeply care.

The Author

Vivienne Manley previously worked as a Chartered Physiotherapist in the Health and social care services. She retrained and now works as a specialist hospital Chaplain in the NHS.

“Dark times are never those we choose.” Vivienne’s Christian faith has helped her face those dark times with the comfort of a God who deeply loves.

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