

Pastoral Reflective Practice for Healthcare Chaplains

'I have found PRP really valuable: it helps me to consider what might be going on at 'deeper levels' with people and to discern how God is at work, however that is expressed.' *Chaplain*

Ongoing PRP Groups:

Ongoing PRP Groups: presentation and reflection on pastoral experience including key theological themes: the question of suffering; the nature of hope; grief and loss; what is mental 'health'?...

Video Work



CPD:

This course will qualify for CPD.

Assessment

Assessment will be flexible according to individual needs, but will include: self-evaluation, feedback based on PRP; presentation of clinical material; individual supervision; verbatims and video work.

1:1 Supervision

Assessment will be flexible according to individual

Verbatim Accounts, Journaling, and other methods of Theological Reflections will be explored.

A typical verbatim is set out on the right.

Verbatim
Name:
Setting:
Date of visit:

Mr Gordon Brown
Addenbrooke's Hospital

Preparation

1. Early prayer: From 27.2 Daily Light
'Count yourself dead to sin but alive to God in Jesus Christ. Focus on that thought for the day. Pray that Jesus will fill me with love and compassion for those I shall be visiting today.
2. What do I know about the patient?
Almost nothing, I have chosen to write up a HISS case so to start from scratch.
3. What are your observations as you approach the patient?
An elderly man lying on his back, on a drip. Well built, eyes alert, rubbing his stomach, he doesn't look very happy. No cards, flowers or books. Little to go on.
4. What are your feelings? Rather apprehensive, not an instant rapport, emotionally rather cautious. This might be a difficult one.

Conversation

Me: Hello Mr Brown. May I come and sit here? (pulls up chair near bed)

Mr B: And who may you be?

Me: I'm Peter from the Chaplain's Department of the hospital. We try and visit each new patient to see if there is anything we can do for them. Some people have no relatives or even visitors.

Mr B: Yes I see. But I've got a family although my wife is not very mobile I've got two sons who will come and see me.

Me: What is your wife's name?

Mr B: Margaret.

Me: Have you been here long?
What was it that brought you into hospital?

Mr B: I had a bad fall. I don't remember much about it, and now I've got pains in my stomach as well.

Addenbrooke's Chaplaincy Centre: promoting best practice in healthcare chaplaincy