## Sometimes I need…

Sometimes I need strength –

because the next step seems so hard.

Give me the purpose to go on

when I feel so weary with trying.

Sometimes I lack patience –

when progress feels so slow.

Give me what’s needed for the future

even when it’s hard to contemplate.

Sometimes I’ve got no courage –

when problems are all I see ahead.

Give me the will to go on

and believe that an easier path

may be just around the corner.

Sometimes I don’t have enough insight –

to trust the promise that it will come right.

Give me the wisdom to know

that those who love and care

will not abandon me when times are hard.

Sometimes I need faith –

when I do not know what I believe.

Give me the openness to see

something in the mystery to keep me going.

Sometimes my sense of purpose fails me –

and even fellow travellers don’t seem to understand.

Give me new trust in their companionship

so I can keep going a bit more.

Sometimes hope seems to have abandoned me –

the hope I needed to keep on going and know it won’t be in vain.

Give me hope when I feel hopeless

so I don’t feel overwhelmed any more.

Sometimes I’ve got too much time -

and I don’t know whether to remember and be sad

or remember and be thankful.

Give me the right time with my memories,

and with those memories to grieve,

and with those memories to smile.

(Dawn Allan)