

# Resources for Muslim patients and families

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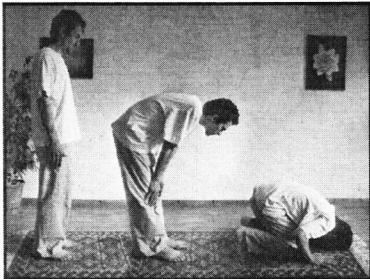
## Prayer space

### Location for prayer

- Quiet space/chapel/prayer room (ideally without symbols or icons)
- Room for bowing and prostrating
- Secure space in front
- For women, the backside secured from onlookers
- Depending on a person's degree of incapacity, prayers may be performed sitting or lying down
- *Qiblah* direction marked if possible



## Prayer mats



## Qiblah sign

### Direction of Makkah (*Qiblah*)

- Not a religious symbol
- South East from UK
- If possible, the incapacitated patient might require physical assistance in positioning his chair or bed in the right direction



## Wudu' / ablution facilities

### Washing for prayer (*Wudu'*)

- The hands, face, arms and feet are washed
- Ambulatory patients may need help to the bathroom for washing for prayer.
- Bedridden patients may request a jug of water and a large bowl
- Dry washing (*tayammum*)



## The Qur'an

### The Quran

- The Qur'an – provides solace and comfort in reciting or listening to (audio tapes, CD's etc.)
- Availability of copies for personal recital
- Sensitivities in handling

