

Simon O'Donoghue



Simon achieved a BSc in Psychology and Counselling in 2008 and became a science teacher after completing a PGCE two years later. After several years delivering A-level and GCSE curriculums in a sixth form college, he moved into the civil society sector.

Whilst working for a mental health charity, Simon set up many support groups across the UK for service users and carers, and he helped campaign on a number of initiatives related to mental health equality. He then went on to be the first male employed by a domestic violence organisation in Cheshire, where he established a refuge for male victims and a voluntary CBT programme for abusive men.

After a year living and working in Berlin as a content writer for an education start-up company and teaching English to school children, he became the BHA's first full-time Head of Pastoral Support in early 2016. Since then he has established the Non-Religious Pastoral Support Network and manages a national network of over 150 volunteers.